



**Patient Information**

First Name(s)..... Last Name.....

Address: ..... Suburb ..... Post Code .....

Date of Birth: / / Age: ..... Gender (circle): M / F

Occupation: .....

Mobile: ..... Home: .....

Email: .....

Marital Status (circle):   ▪Single           ▪Defacto           ▪Married           ▪Divorced

No. of children and Ages?.....

**In case of emergency please contact:**

Name: ..... Relationship: .....

Telephone: Home: ..... Mobile: .....

How did you hear about the Clinic?.....

**Patient Condition**

What is your major complaint? .....

When did your symptoms begin? .....

Is your condition (circle)?   ▪Getting Worse           ▪Remaining Constant  
  ▪Coming/Going            ▪Getting Better

What makes this condition better?.....

What makes this condition worse? .....

Have you ever experienced this before? Y / N   If yes: When?

.....  
Have you ever had previous Chiropractic care? Y / N   If yes:  
When and by whom?  
.....

**Patient History**

Please place a tick next to the symptoms you currently have or have experienced recently - it is important in helping us gain an understanding of your general health:

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> Dizziness             | <input type="checkbox"/> Convulsions/tremors | <input type="checkbox"/> Coughing up mucous | <input type="checkbox"/> Voice change          |
| <input type="checkbox"/> Fainting              | <input type="checkbox"/> Chills              | <input type="checkbox"/> Coughing up blood  | <input type="checkbox"/> Frequent urination    |
| <input type="checkbox"/> Double vision         | <input type="checkbox"/> Fever               | <input type="checkbox"/> Asthma/wheezing    | <input type="checkbox"/> Painful urination     |
| <input type="checkbox"/> Difficulty speaking   | <input type="checkbox"/> Fatigue             | <input type="checkbox"/> Rashes             | <input type="checkbox"/> Blood in urine        |
| <input type="checkbox"/> Difficulty swallowing | <input type="checkbox"/> Headache            | <input type="checkbox"/> Easy bruising      | <input type="checkbox"/> Incontinence          |
| <input type="checkbox"/> Difficulty walking    | <input type="checkbox"/> Loss of sleep       | <input type="checkbox"/> Hives              | <input type="checkbox"/> Kidney stones         |
| <input type="checkbox"/> Nausea                | <input type="checkbox"/> Loss of weight      | <input type="checkbox"/> Loss of hair       | <input type="checkbox"/> Bed wetting           |
| <input type="checkbox"/> Numbness              | <input type="checkbox"/> Sweats              | <input type="checkbox"/> Colds/flu          | <input type="checkbox"/> Prostate problems     |
| <input type="checkbox"/> Constipation          | <input type="checkbox"/> Recent infection    | <input type="checkbox"/> Deafness           | <input type="checkbox"/> Hormone problem       |
| <input type="checkbox"/> Diarrhea              | <input type="checkbox"/> Pain over heart     | <input type="checkbox"/> Ringing in ears    | <input type="checkbox"/> Thyroid disease       |
| <input type="checkbox"/> Hemorrhoid            | <input type="checkbox"/> Angina pectoris     | <input type="checkbox"/> Earache            | <input type="checkbox"/> Diabetes              |
| <input type="checkbox"/> Poor appetite         | <input type="checkbox"/> Palpitations        | <input type="checkbox"/> Enlarged glands    | <input type="checkbox"/> Heat/cold intolerance |
| <input type="checkbox"/> Vomiting blood        | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Failing vision     | <input type="checkbox"/> Excessive thirst      |
| <input type="checkbox"/> Jaundice              | <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Nose bleeds        | <input type="checkbox"/> Anemia                |
| <input type="checkbox"/> Abdominal Pain        | <input type="checkbox"/> Swelling of ankles  | <input type="checkbox"/> Sinus infection    | <input type="checkbox"/> Blood transfusion     |
| <input type="checkbox"/> Heartburn             | <input type="checkbox"/> Frequent coughing   | <input type="checkbox"/> Ulcers             | <input type="checkbox"/> Allergies             |

Other:.....

Please list and provide dates for any hospitalisations/surgeries/accidents/major injuries you have previously had:

.....  
Please list any medication including; vitamins/herbal supplements/prescription medication/over-the-counter medications you are taking:

.....  
In the last year have you had any of the following (circle):

- X-ray                      •CT scan                      •MRI                      •Blood test

If so, describe the reason

**Family History**

Is there a history of any of the following in your family (circle)?

	Y/N	Relationship to you		Y/N	Relationship to you
Cancer	Y/N	_____	Arthritis	Y/N	_____
High Blood Pressure	Y/N	_____	Migraine	Y/N	_____
Heart Attack	Y/N	_____	Diabetes	Y/N	_____
Stroke	Y/N	_____	Psychological Disorder	Y/N	_____
Other:					

**Psychosocial History**

- |                      |     |           |                       |     |                |
|----------------------|-----|-----------|-----------------------|-----|----------------|
| Do you drink coffee? | Y/N | _____/day | Do you drink alcohol? | Y/N | _____/day/week |
| Do you smoke?        | Y/N | _____/day | Are you an ex-smoker? | Y/N |                |

Have any of the following recently occurred?

- |                               |     |                    |     |
|-------------------------------|-----|--------------------|-----|
| Divorce/Relationship Break-up | Y/N | Family Problems    | Y/N |
| Depression                    | Y/N | Sleep Disturbances | Y/N |
| A death                       | Y/N | Work Problems      | Y/N |
| Increased Anxiety Level       | Y/N | Moved house        | Y/N |

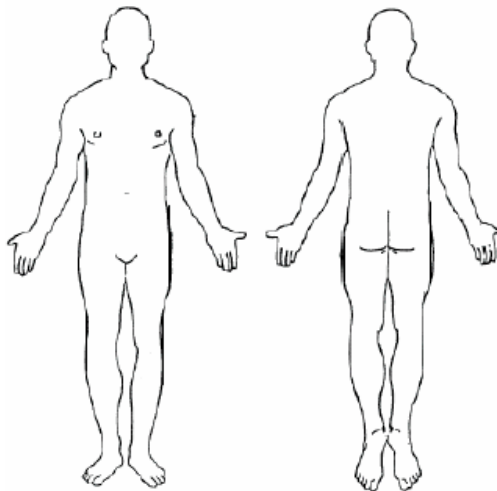
Does your current work involve (circle):

Other:      Heavy Work      Lifting/Carrying      Vibration      Monotonous Movements

What sports/recreational activities do you perform on a regular basis?

Please use the diagram below to indicate the symptoms you have been experiencing over the past 24hrs. Use the key to indicate the type of symptoms.

Key:      Pins/Needles = 0000000      Stabbing = ///////////////  
Burning = XXXXXX      Aching = VVVVVVV



Please mark the following line to indicate the level of your CURRENT pain:

\_\_\_\_\_

No Pain      Worst Pain Imaginable

**Consent to Chiropractic Care**

Chiropractic care is recognised as being an effective and safe method of care for many conditions. However, you must recognise that there are risks associated with all health care procedures which you should be informed about.

Please read the following carefully:

- I acknowledge that I have discussed with my chiropractor the rare risks associated with my proposed care which include, although are not limited to, muscle and joint soreness or strains, nausea and dizziness, fractures, disc injuries, strokes (or like episodes) and an exacerbation and/or aggravation of my underlying condition.
- I have had the opportunity to discuss the proposed care with my chiropractor. I also acknowledge that I have had the opportunity to ask questions about the nature, extent and purpose of the proposed chiropractic care and that I have been given sufficient time to make a decision giving consent for the care to proceed.
- I acknowledge that I am aware of and understand the potential risks, I appreciate that results are not guaranteed.
- I do not expect the practitioner to be able to anticipate all potential risks and complications associated with the proposed care.
- I hereby acknowledge my consent to the performance of the proposed chiropractic care by my chiropractor and/or any other chiropractor working in this clinic. I understand that I can withdraw consent at any time.

\_\_\_\_\_  
Patient's Signature  
(Parent or Guardian to also sign if patient is under 18)

Date: \_\_\_\_\_

**Please hand form to Reception, Thank you**

**Doctors Use Only**

Obs/Post

Palp

BP

Pulse

Height

Weight

Reflex

Bi-c6  
Pat-I5

Tri-c7  
Ach-s1

B/R-c6  
Bab

Cervical

Maignes  
Compression Tests  
- Flexion  
- Extension  
- Lat. Flexion  
- Maximal  
Cervical Distraction  
Soto-Hall  
Other:

Thoracic

Rib Compression  
Adam's Test  
Passive Scap. Approx  
Sternal Compression

Lumbar

SLR  
Slump  
Valsalva's  
Kemp's  
Gaenslen's  
Yeoman's'  
Pelvic Compression  
Sign of the Butt.

ROM C T L

Special Tests/Other Tests/Regional Exams

Listings C..... T..... L..... SI.....

Stretch.....C: Rom : Rotation T: Rhomboid - Seated/Standing: Pec L: knee/chest : piriformis – sup/seated OTHER.....

Advice.....

XRAY Y / N.....

Additional Notes.....

YELL FLAGS

RED FLAGS

TREATMENT PLAN.....